Name:

Wishful Thinking

1. What is something that you have always wished you could do or wished you could have?
2. What makes you truly happy?
3. What habit are you most proud of that will help you to have what you always wished for?
4. What one change would be necessary for you to have what you always wished for or wanted?
5. What one step, or action could you do to bring you closer to having your wish?

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