



Rate Yourself:



TEAMWORK

Need to Work on it.....OK.....Average.....Good.....Excellent

1

2

3

4

5

1.) Rate yourself on each of the teamwork skills listed.

2.) Circle the ones you feel you could improve upon.

Write a goal about how you could change one that you circled that would benefit you.

_____ Appreciate differing and diverse ideas

_____ Pull my weight in groups

_____ Listen to others intently

_____ Show respect for everyone

_____ Cooperative with all team members

_____ Display a positive attitude

_____ Remain focused on the goal or task

_____ Communicate effectively

_____ Honor group rules

_____ *Other*
