

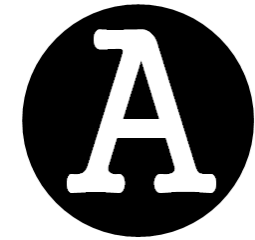
S M A R T Goals



Specific



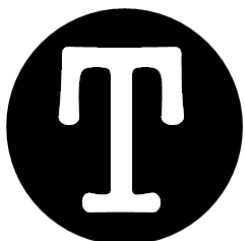
Measurable



Attainable



Realistic



Timely