

Name: _____

Relationship Building Rate Yourself

Need to Work on it.....OK.....Average.....Good.....Excellent

1

2

3

4

5

What is your score for building and keeping relationships with friends, family and important people in your life? _____

Provide an example of a time where your listening skills were key to supporting a good relationship:

Why are good communication skills important in good relationships? _____

Why is it important to have strong, healthy relationships? _____
