



Pancakes are a thin, flat cake made from a batter of eggs, flour, and milk, and cooked on a griddle or frying pan. Pancakes are a popular breakfast food and they are often served with syrup, butter, fruit, or other toppings. Pancakes have a long history that can be traced back to ancient civilizations such as the Greeks, Romans, and Egyptians, who all had their own versions of flat cakes made from grains and water. The modern-day pancake that we are familiar with today has its roots in Europe and North America.

In the Middle Ages, pancakes were made using ingredients such as eggs, milk, and flour, and were cooked on hot stones or in metal skillets. The word "pancake" itself first appeared in the 15th century and was used to describe a thin, flat cake cooked on a griddle.

By the 19th century, pancakes had become a staple breakfast food in many parts of the world, including the United States, where they were often served with maple syrup or other sweet toppings. In fact, the first pancake recipe was published in an American cookbook in 1876.

Today, pancakes remain a popular breakfast food around the world, with different countries and cultures putting their own spin on the classic recipe. For example, in Japan, pancakes are often made with sweet adzuki bean paste, while in France, they are known as crêpes and are typically served with Nutella or other chocolate spreads.

There are also many variations on the traditional pancake recipe, with some people opting for gluten-free, vegan, or low-carb options. In recent years, there has also been a trend towards more elaborate pancake creations, with restaurants and chefs creating stacks of pancakes topped with everything from bacon and eggs to fresh fruit and whipped cream.

Overall, pancakes have a rich and varied history that continues to evolve to this day. They remain a beloved breakfast food around the world and are a testament to the versatility and adaptability of this simple yet delicious dish.

1. *Read the passage about "Pancakes"*
2. *Underline any word or sentence you don't understand.*
3. *Answer the follow up questions.*

Answer according to the reading passage:

1. The word pancake means:

- a. cakes made on a grill
- b. thin, flat cakes
- c. a recipe for a breakfast food

2. Pancakes get their roots from:

- a. Asia
- b. South America
- c. North America and Europe

3. The first pancake recipe appeared in:

- a. an American cookbook in 1876
- b. an North American cookbook in 1800
- c. a European cookbook at the turn of the century

4. Pancakes are a popular breakfast food:

- a. around the world
- b. in North America
- c. in Europe

5. There are many variations of the traditional pancake breakfast food:

- a. true
- b. false

Pancakes

Open Response Questions

Open response questions for thinking skills:

1. Inferring
2. Making Connections
3. Summarizing
4. Visualizing

1. What is the main idea of this reading passage?
2. What does reading this passage remind you of?
3. In 3 sentences, summarize the evolution of the pancake.
4. What comes across your mind and what do you visualize as you are reading this passage?
5. Write a persuasive paragraph convincing somebody to try a pancake.
6. Write a new variation of your own for a pancake.
7. Are pancakes a nutritional breakfast? Why or why not?