

5+

Germs

Germs are tiny microorganisms that can be found almost everywhere. Germs are on surfaces like tables, desks, doorknobs, and they are in the air we breathe. There are many different types of germs. Bacteria and viruses are both germs. Bacteria are organisms that can be found both in and outside of our bodies. Some are helpful but some are not. Some types of bacteria can cause infections and illnesses. Viruses are even smaller microorganisms that can cause diseases like colds, flus, and COVID. To help protect ourselves from germs, it is important to practice good hygiene. Good hygiene means: washing our hands frequently with soap and warm water for at least 20 seconds.

Always wash our hands before eating or after using the bathroom. We need to cover our mouths and noses with our elbow or a tissue when we cough or sneeze and put the tissue in the trash. We can also avoid touching our eyes, nose, and mouth, because germs can enter our body through these openings. We should also be aware of the importance of cleanliness and sanitization of the environment around us, this includes keeping our home, school, and community clean. By practicing good hygiene and maintaining a clean environment, we can reduce the chances of getting sick and help keep ourselves and others healthy.

1. Read the passage about germs.
2. Underline each word that you could not read.
3. Circle each word that took you more than 1 try.
4. Answer the questions.

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Germs

Answer according to the reading passage:

1. Two types of germs are:

- a. fever and chills
- b. bacteria and viruses
- c. organisms and microorganisms

2. Which statement is true?

- a. germs are found everywhere except in the air
- b. germs are only found on surfaces
- c. germs are found almost everywhere including the air

3. Bacteria are organisms that can be found:

- a. only in the air
- b. inside and outside of our bodies
- c. in microorganisms

4. Handwashing should be:

- a. for 20 seconds in warm soapy water
- b. for 15 seconds in warm soapy water
- c. for 10 seconds in warm soapy water

5. Germs can enter our body through:

- a. exhaling breath
- b. nose, mouth and skin
- c. the hair and nails

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