

Hobbies



Hobbies are special activities that people enjoy doing in their free time. They are not just games or projects; they are passions that bring joy and excitement into our lives. Hobbies can be anything you love, like painting, playing a musical instrument, gardening, or even coding. They are the things you do just because you want to, not because you have to. Hobbies are important because you can escape from the world and just be yourself and express yourself with your hobby. When you're doing something you love, it makes you feel happy and relaxed. Hobbies can also be a great way to learn new skills and discover new interests. For example, if you start collecting rocks, you might learn about geology and the different types of rocks in the world. Hobbies also help us connect with others. When you share your hobby with friends or family, it can create wonderful memories and strengthen your relationships. Plus, it's a fantastic way to meet new people who share your interests. Imagine joining a club for young artists or a soccer team; you'll make friends who love the same things as you do! Another reason hobbies are so valuable is that they can help us grow as individuals. They teach us patience, perseverance, and how to set goals. If you're learning to play the piano, for instance, you'll understand that practice makes perfect. And when you finally play your favorite song without any mistakes, it's an amazing feeling! Hobbies can also inspire us to be creative and think outside the box. They encourage us to try new things and explore different ways of doing things. This creativity can spill over into other areas of our lives, making us more innovative and open-minded. Hobbies bring happiness, learning opportunities, friendships, growth, and creativity. They remind us that life is not just about work and school; it's also about having fun and enjoying the journey. So go ahead and find a hobby that makes your heart sing! Whether it's reading books under a tree or building model airplanes, your hobby is waiting for you to dive in and discover all the wonders it has to offer.

1. Read the passage and underline any word or sentence you struggled with.
2. Answer the questions on the following page.

Answer according to the reading passage:

1. What are hobbies?

- a. activities you do in school
- b. activities you do for money
- c. activities you do in free time

2. Why are hobbies important?

- a. required by law
- b. help you to relax and learn new things
- c. hobbies are not important

3. What is an example of a hobby?

- a. sleeping
- b. eating
- c. drawing

4. Hobbies can help us meet new people who?

- a. have different interests than us
- b. share our interests
- c. like to read

5. What can hobbies teach us?

- a. to be tough
- b. patience, perseverance
- c. to be on time

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Open Response Questions

Open Response Questions for Thinking Skills:

1. Inferring
 2. Making Connections
 3. Summarizing
 4. Visualizing
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1. How might taking up a hobby contribute to good well-being?
 2. In what ways can hobbies be seen as a form of self-expression?
 3. What are the benefits of pursuing hobbies?
 4. Describe a hobby you would like to do.
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- How many different hobbies can you list?
 - How do you think having a hobby can help you be calm when you are upset or stressed?
 - Do you think having a hobby can influence a career choice? Why or why not?
 - If you could do any hobby, what would it be and why?
 - Why is it important to be interested in a hobby you decide to do?