

Rate Your Reactions

Name _____



1



2



3



4

Situation

Rating

Why

1. How I feel about school.

2. When I'm playing with my friends.

3. When I forgot to finish my homework.

4. When I get grounded.

5. When I do well at school.

6. When I'm on a holiday.

7. When the teacher gets angry with me.

8. When nobody will play with me

9. When somebody teases me.
