

Name: _____



Positive Outcomes

Name 3 things you can do that will get you a hug from loved ones:

1. _____

2. _____

3. _____

Name 3 things you can do that will be appreciated by your friends.

1. _____

2. _____

3. _____

List 3 things that will help you do better at school:

1. _____

2. _____

3. _____

What can you do that will make somebody say 'Thank you'? _____