

Name: _____

Persistence

Rate Yourself

Need to Work on it.....OK.....Average.....Good.....Excellent

1

2

3

4

5

What is your score for being persistent and showing determination despite having a setback? _____

Provide an example of a time where you had to be very persistent in order to achieve something:

What stops you from giving up? _____

Why is it important to have a positive attitude in order to persist? _____

Why is it important to have persistence and determination? _____
