




Persistence, Grit and Tenacity

Persistence:  continue to work at something, despite obstacles and problems until the end result or until the goal is accomplished.

Grit:  determination despite setbacks and initial failures, demonstrating courage and resilience while persisting toward the goal or end result.

Tenacity:  Sustain interest, determination, commitment and drive to get things done.

Your task:

For each area below, identify your strengths / weaknesses by adding S or W in each column and explain why it is a strength or weakness. For each weakness – state a goal for improvement.

Persistence	Grit	Tenacity	
			Math:
			Science:
			Physical activities:
			Geography:
			Reading:
			Writing:
			Art:
			Music:
			Hobby: _____
			Problem Solving: