



Rate Yourself:



PERSISTENCE

Need to Work on it.....OK.....Average.....Good.....Excellent

1

2

3

4

5

1.) Rate yourself on each of the persistence skills listed.

2.) Circle the ones you feel you could improve upon.

Write a goal about how you could change one that you circled that would benefit you.

_____ I am calm under pressure.

_____ I am patient.

_____ I learn from my mistakes
and continue to move forward.

_____ I don't give up easily.

_____ I always try my best.

_____ I complete my work on
time.

_____ I check over my work.

_____ I work towards my goals.

Other
