

# Plan A Didn't Work, On to Plan B

A growth mindset means having the ability to learn from mistakes. In order to learn from mistakes, it will sometimes mean, moving to a different strategy. When Plan A doesn't work out, move on to Plan B.

Use this activity when Plan A didn't work or to help you learn from a time when Plan A didn't work.

## **Your task:**

*Answer the following:*

- 1. Why do you think Plan A didn't work out?*
- 2. What strategy or strategies did you use for Plan A?*
- 3. What thoughts did you have about Plan A? What were your limiting thoughts?*
- 4. Why did you choose this Plan A strategy?*
- 5. What did you learn from Plan A not working out?*
- 6. What strategy or strategies will you now use for Plan B?*
- 7. Will you get some assistance before starting or during Plan B?*
- 8. What will your self-talk be to help you move forward with Plan B?*