

Learning from Mistakes

Admit:



To learn from a mistake, it is important to admit or acknowledge the mistake first. Don't beat yourself up; everyone makes mistakes. Commit to learning from them.

Dig deep:



Look carefully and analyze where, why or how it went wrong. This helps you find an alternate solution to learn from. Seek support if necessary.

Plan with a positive attitude:



Commit to seeing a mistake as a learning opportunity. Plan to learn from it so that the mistake is not repeated.

Your task:

For each area below, identify your strengths / weaknesses by adding S or W in each column and explain why it is a strength or weakness. For each weakness – state a goal for improvement.

Admit	Dig deep	Positive Attitude

Math:

Science:

Physical activities:

Geography:

Reading:

Writing:

Art:

Music:

Hobby: _____

Problem Solving: