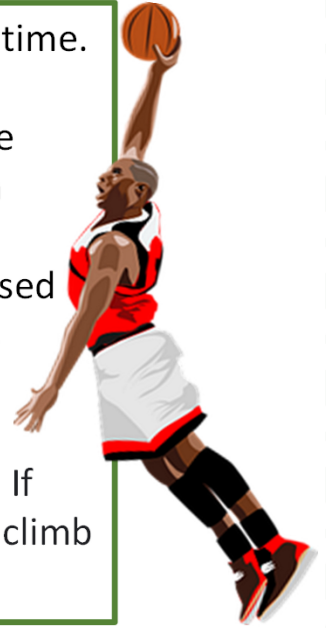


Growth Mindset and Michael Jordan

Michael Jordan is considered one of the best basketball players of all time. Yet, he didn't talk until he was four years old and his teachers said he wouldn't amount to much, he was only 5'10 when he tried out for the high school varsity team which he didn't make. Not making the team embarrassed him and he locked himself in his room and cried. When things turned around for him and when his team needed him, he missed more than 9000 shots, lost just under 300 games, and failed 26 times when trusted to make the basket.

These are Michael Jordan's words: "Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb over it, go through it, or walk around it."



Your task:

Do some research about Michael Jordan. Find out which growth mindset strategies he used, check them off and explain how he used each of them to finally achieve his goals.

- confronts problems, challenges and obstacles
- learns from mistakes
- is resilient
- is persistent
- believes in themselves and uses positive self-talk
- believes ability improves with effort and practice
- learns from criticism and feedback