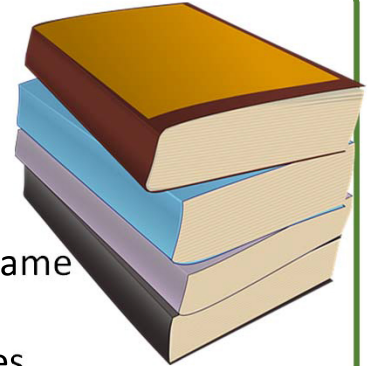


# Growth Mindset and Stephen King

Stephen King is a famous American novelist/storyteller who has over 350 million copies of books sold. Stephen King is no stranger to obstacles and adverse events. He was hit by a car while out walking and sustained very serious injuries. He suffers from Macular Degeneration which causes blindness. When he wrote his first book, he sent it out to publishers and that first book was rejected 30 times! He became quite upset, to the point where he threw it into the trash. Currently, that book has millions of copies sold, it also became a movie and it has TV adaptations. Find out how Stephen King's success is related to a Growth Mindset and explain what obstacles and barriers he overcame.



## Your task:

Do some research about Stephen King. Find out which growth mindset strategies he used, check them off and explain how he used each of them to finally achieve his goals.

- confronts problems, challenges and obstacles
- learns from mistakes
- is resilient
- is persistent
- believes in themselves and uses positive self-talk
- believes ability improves with effort and practice
- learns from criticism and feedback