

From a Fixed to a Growth Mindset I

Your task:

Each of the statements below come from having a fixed mindset. Rewrite the statement to show a growth mindset.

For Example: "I could never do that. (Fixed)"

"I can't do it yet, I'm still learning and over time I'll be able to."

1. _____ This is too hard for me.
2. _____ I can't do it, no point trying.
3. _____ I'm good at it or I'm not, that's just how it is!
4. _____ Why try? I'll just fail anyways.
5. _____ I've always struggled.
6. _____ Forget giving me feedback, I know you're just being critical of me!
7. _____ They're smarter than I am.
8. _____ This is as good as it gets for me.
9. _____ Even if I try hard, I know I can't do it.
10. _____ I don't like trying new things.