

Emotion Photos Instructions:

For use with photographs showing different expressions/feelings:

Understanding the feelings and emotions of others helps us better understand how to deal with our friends and family. Understanding how others might be feeling also helps us to become empathetic to the needs of others. Some of the non-verbal ways we learn to understand feelings and emotions of others are by observing facial expressions and body language.

When you become good at understanding and responding appropriately to the feelings of others, it is referred to as having 'emotional intelligence'. By learning about and developing your emotional intelligence, you will be able to respond to others appropriately. A strong emotional intelligence will also lead to having strong friendships and relationships.

Reading Facial Emotions and Feelings Tasks:

1. Look closely at each of photograph, look at the eyes and the facial expressions and body positions where appropriate. (*arms folded, wringing hands etc.*)
2. List 4-5 feeling/emotion words that may convey how the person is feeling.
3. Explain why you think they may feel they may feel this way.
4. Provide 2-3 possible reasons a person might feel this way.
5. If you knew this person as a family or a friend, what would you say to them?
6. Have you ever felt the way the person in the photo may be feeling? Explain when and why.
7. Identify the photos where the individual is feeling negative and where the individual is feeling positive.
8. It has been said that there are 6 basic emotions: *happiness, surprise, fear, anger, sadness and disgust*. Put the photos into those 6 emotions?

Name that Feeling or Emotion:



Name that Feeling or Emotion:



Name that Feeling or Emotion:



What Might Have Happened?

For each of the 12 cards that show a different expression, decide which statement best fits the picture. Answers may vary slightly

_____ Daisy's friend said she no longer wanted to play with her at recess.

_____ Daisy's mother said she has a big surprise for her.

_____ Daisy was invited to go with her friend to the circus.

_____ Daisy just got a great mark on a test.

_____ Daisy was left out and not invited to a birthday party that everyone else is going to.

_____ Daisy was asked to do something that she really did not want to do.

_____ Daisy was very annoyed when her friend kept bugging her.

_____ Daisy's friend just asked her to do something she really didn't want to do.

_____ Daisy was just called a silly name.

_____ Daisy's a bit surprised that her friend just told on her for not doing what she was asked to do.

_____ Daisy came in second last on the race and was really hoping to come in first or second.

_____ Daisy's mom just told her about a big surprise but asked her not to tell her sisters or brothers yet.

What Might Have Happened?

Answers may vary slightly

- Daisy's friend said she no longer wanted to play with her at recess. **11**
- Daisy's mother said she has a big surprise for her. **1**
- Daisy was invited to go with her friend to the circus. **2**
- Daisy just got a great mark on a test. **4**
- Daisy was left out and not invited to a birthday party that everyone else is going to. **12**
- Daisy was asked to do something that she really did not want to do. **9**
- Daisy was very annoyed when her friend kept bugging her. **10**
- Daisy's friend just asked her to do something she really didn't want to do. **3**
- Daisy was just called a silly name. **8**
- Daisy's a bit surprised that her friend just told on her for not doing what she was asked to do. **6**
- Daisy came in second last on the race and was really hoping to come in first or second. **5**
- Daisy's mom just told her about a big surprise but asked her not to tell her sisters or brothers yet. **7**

Feeling Photo Card ANSWERS

(Will Vary)

There will be various opinions about how the individual in each of the pictures feels. However, here are samples of feeling words that may convey the feeling of the individual in the picture. Student answers will vary but they should be close.

Sample feelings or emotions for each of the cards may include the following:

Card #: Possible Feeling:

1. Excited, curious, happy, optimistic, cheerful, eager
2. Surprised, happy, joyful, excited, content
3. Uneasy, guarded, apprehensive, displeased, anxious, stressed, annoyed
4. Relaxed, optimistic, content, safe, secure, warm hearted, friendly
5. Edgy, nervous, concerned, upset, unhappy
6. Concerned, uneasy, unnerved, surprised
7. Mischievous, adventurous, playful, bashful
8. Annoyed, perturbed, irked, displeased, reluctant
9. Shy, nervous, uncertain, skeptical, embarrassed
10. Irritated, annoyed, frustrated, silly, disgusted
11. Forlorn, unhappy, down, sad, alienated
12. Upset, sad, down, sorrowful, anguish, desperate, alone