

Name: \_\_\_\_\_

# Feedback, Not Failure

When a goal is set but not met, it is important to learn from it rather than see it as a failure. Feedback will help provide you with information for becoming successful for the next goal set. Think of a time when you or somebody you know didn't reach a goal, state the goal and provide feedback for improvement.

**Academic Goal:** \_\_\_\_\_

**Feedback :** \_\_\_\_\_

**Fitness Goal::** \_\_\_\_\_

**Feedback :** \_\_\_\_\_

**Social Goal:** \_\_\_\_\_

**Feedback :** \_\_\_\_\_

**Personal Goal:** \_\_\_\_\_

**Feedback:** \_\_\_\_\_