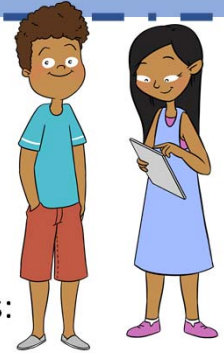


Executive Functioning Skills: Overview



Everyone has strengths and weaknesses in the area of executive functioning skills. Use the chart to identify your strengths and weaknesses:

	Weak	Average	Above Average	Excellent
Self-awareness				
Organization				
Time management				
Self regulation				
Flexibility				
Attention				
Working Memory				
Perseverance				