

dte Yourself

EMPATHY

Need to Work on it....OK.....Average......Good.....Excellent











- 1.) Rate yourself on each of the empathy skills listed.
- 2.) Circle the ones you feel you could improve upon. Write a goal about how you could change one that you circled that would benefit you.

_ Emotional Maturity

Sensitive to the feelings of others

Understand how others feel

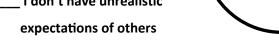
Ability to feel what others are feeling

Treat others with respect and dignity

Listen intently to how others feel

I have a strong sense of point of view

I don't have unrealistic



worksheetplace.com/Clipart: Pigknit - Teachers Pay Teac