Empathy

1. It has been said, to show empathy, one really needs to fully understand how others feel. Explain this.



2. How can you show empathy to a friend in need?

3. How can having the trait of empathy help with having good peer relationships at school?

4. How can you 'put yourself in the shoes of others' to become empathetic?

5. Explain what the difference between empathy and compassion is. Can you have one without the other? Explain