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before sugar is refined. it is actually a liquid juice? the liquid juice from the sugar canes or the sugar beets is then boiled and boiled until it become solid crystals

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did you know that brown sugar is just white sugar with some of the liquid still left in it. the liquid is the molasses which is what gives it the brown color molasses is the liquid from the sugar canes now you know that brown sugar must come from sugar cane and not sugar beets

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do you know what was one of the oldest foods known to man is. if you guessed wheat you are right. there are over 30 000 different kinds of wheat that all come from seed? The seeds all came from the european settlers.