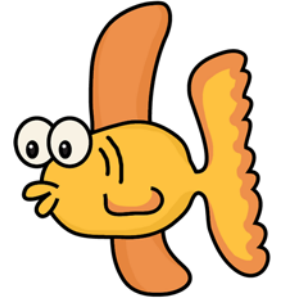


Date:

A kind thing I did:



I am grateful for:

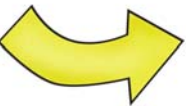
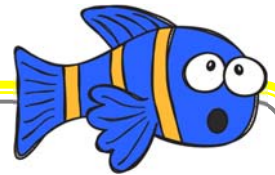


One thing I learned today was:

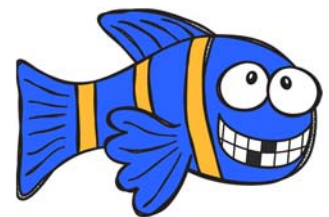
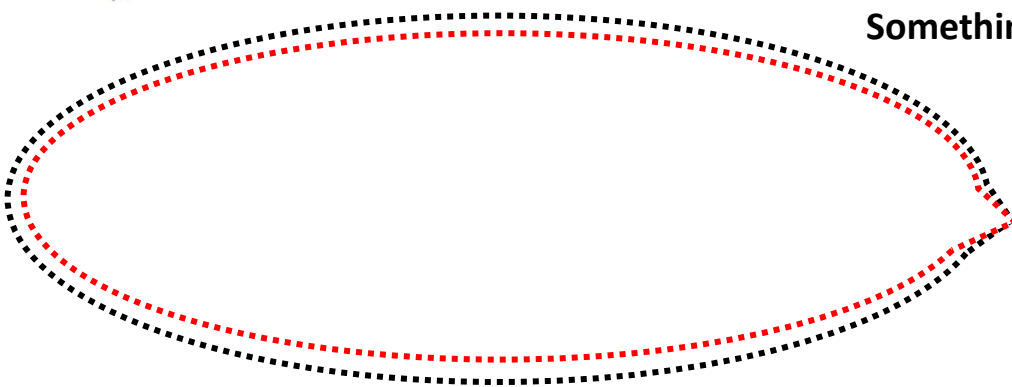


Concerns about today? Yes No

If yes, my concern is:



Something I am proud about:



How are you feeling about today?

