

4

Describe what having
'emotional control'
looks like for you?



<https://worksheetplace.com> Images: [Scrapdoodles.ca](https://www.scrapdoodles.ca) & [Illumismart TPT](https://www.illumismart.com)

5 It has been said, we become
most angry at those we are
closest to. Why do you
think this is?



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6

Is it okay to disagree
with others? Why or why
not?



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