

# Response Guidelines

*Use the following to guide you with your response:*

## **1. Understanding the Prompt:**

1. Carefully read and analyze the writing prompt.
2. Identify the key elements of the inappropriate situation described.
3. Example Prompt: "Someone treated you unfairly and you don't feel you deserved it."

## **2. Expressing Feelings:**

1. Start your response by expressing your feelings about the inappropriate situation.
2. Use descriptive words to convey emotions without blame.
3. Example: "When my friend teased me in front of everyone, I felt embarrassed and hurt."

## **3. Describing the Situation:**

1. Provide details about the inappropriate situation.
2. Use specific examples to paint a clear picture for the reader.
3. Explain what is unacceptable or inappropriate about the situation.

## **4. Sharing Your Response:**

1. Explain how to respond to the inappropriate situation.
2. Example: "You might tell your friend that their comment hurts feelings. Ask them to stop and explain that it's not okay to make fun of others." Ask how they would feel if it was done to them.

## **5. Reflecting on a Resolution:**

1. Conclude your response by reflecting on how the situation could be resolved or what steps could be taken in the future.
2. Encourage positive solutions and learning from the experience.

# A friend keeps annoying you and making fun of you.

## EXAMPLE RESPONSE:

### **Stay Calm:**

Try to remain calm and composed even though it may be hurtful.

Take a deep breath before responding.

### **Use "I" Statements:**

Express your feelings using "I" statements to avoid sounding accusatory.

**Try saying:** "I feel sad when you make fun of me."

### **Be Direct:**

Clearly and directly communicate that the teasing is not acceptable.

Say, "It's not okay to make fun of others. I want you to stop and you need to stop."

### **Ask for Help:**

If the teasing continues, consider seeking help from a teacher, school counselor, or another trusted adult.

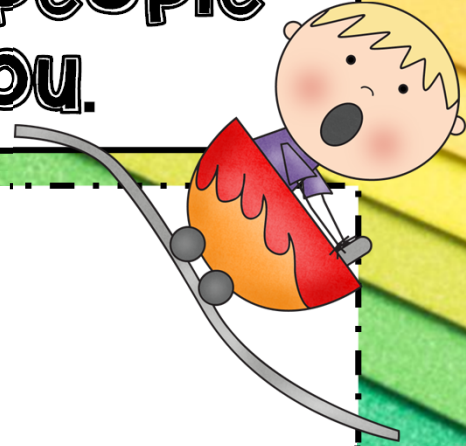
Say, "I've asked you to stop, but it's still happening. I'm going to talk to the teacher about it."

### **Focus on Positivity:**

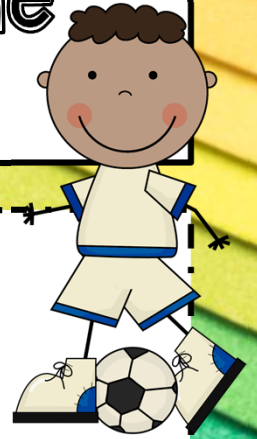
Encourage positive interactions by suggesting alternative ways to interact.

Say, "Let's find things we have in common and be friends instead."

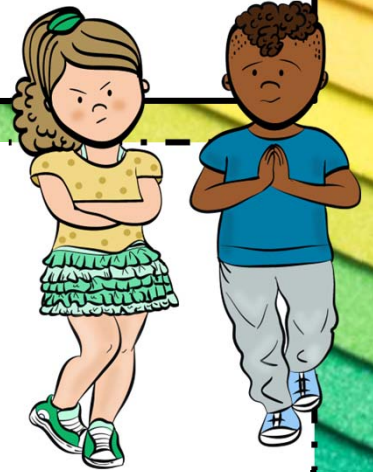
You were waiting a very long time to get on a roller coaster. A group of people cut in front of you.



**Your team gets a lot of fouls called, and you find out the referee has a son on the other team.**



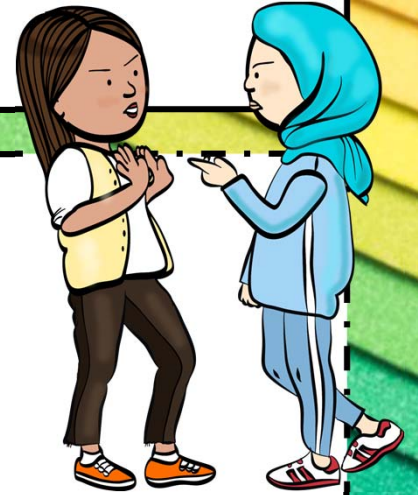
**You laugh at your friend who suddenly tells you they don't appreciate you laughing at them.**



One of your friends keeps bragging about everything he has.



**You are trying to convince somebody to change their mind about doing something inappropriate.**

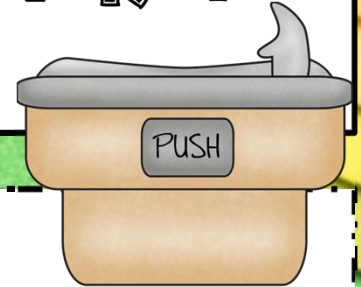


**You found out a friend started a rumor about you that is completely untrue.**





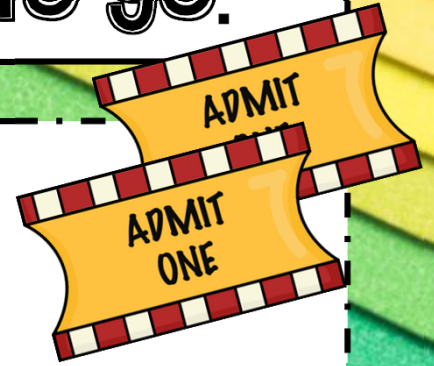
**During track and field on a very hot day, 2 friends cut in front of you for a drink at the fountain.**



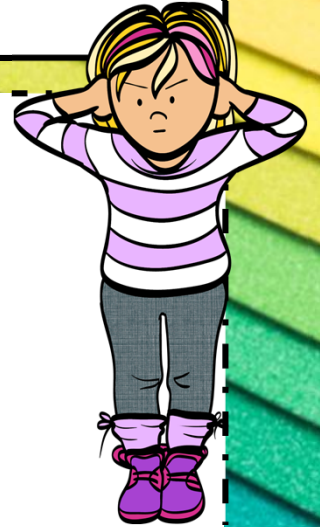
**You played a practical joke  
on a friend, and it didn't go  
over well.**



**You invited your friend over,  
but another friend just got  
free tickets to the amusement  
park and wants you to go.**



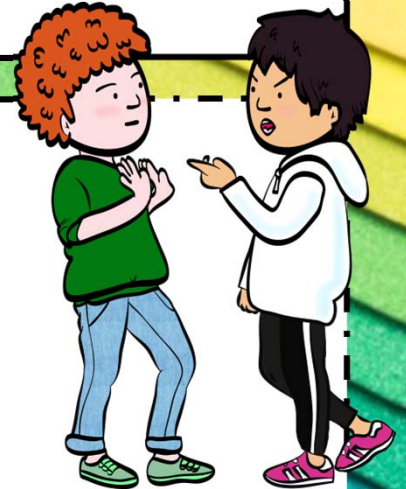
**Your friend asked you to wait at the park, but your friend never showed up.**



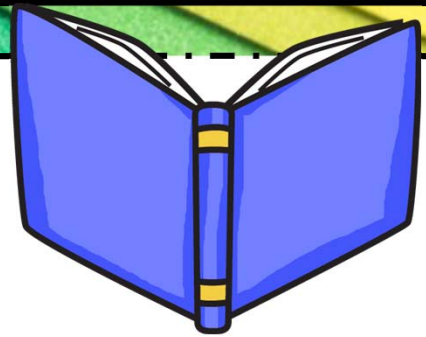
**A good friend just called  
you 'chubby'.**



**You feel your friend holds grudges against everyone you know and chum with.**



**Everyone is supposed to bring books to the book fair. Your neighbor Jill doesn't have any books to bring.**



Your order was mixed up in  
the fast-food takeout.





**You have two tickets to an event and have two best friends. How do you make the decision about who goes?**



**You notice another student  
has copied your answers  
on a test.**



**A friend has asked you to take a pen from the teacher's desk when nobody is looking.**



**A friend is offering you money if you lie to protect him/her from getting into trouble.**



**An assignment was given to  
you 2 weeks ago, it's due  
tomorrow and you didn't even  
start it.**



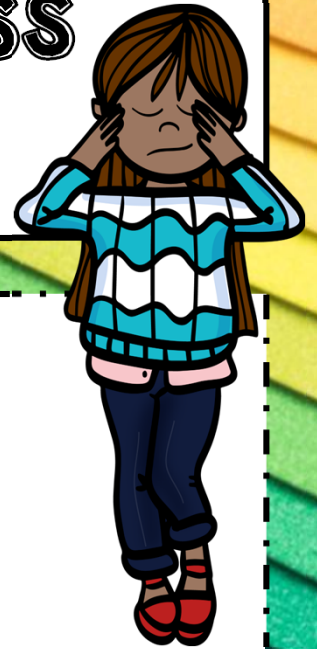
You told your friends you would go to the movies but now you got an invite to a party.

**PARTY**

**You notice a friend Sneaking  
the treats from your other  
friend's backpack.**



**A new Student that arrived  
is all alone at recess  
looking unhappy.**

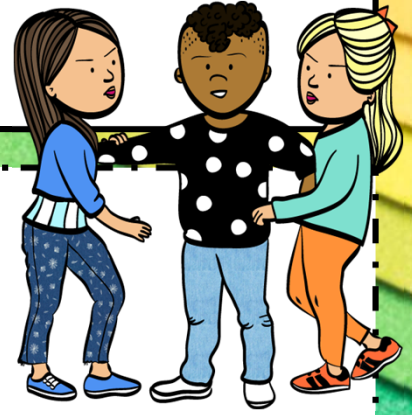




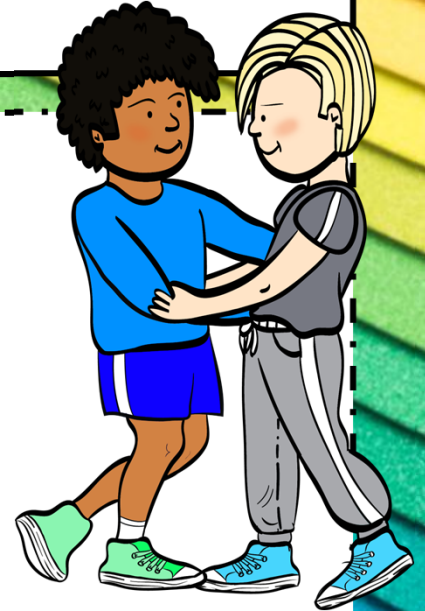
**Nobody will let you join in  
the game being played at  
recess.**



**You have heard from 3  
different friends that a  
student is spreading rumors  
about you.**



**You didn't get picked for the team you really wanted to be on and your friend did.**



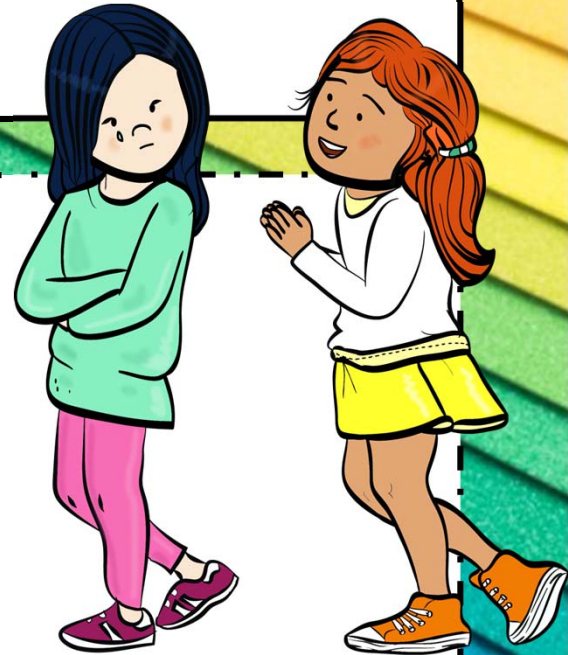
**A friend is bribing you to do his/her homework for them.**



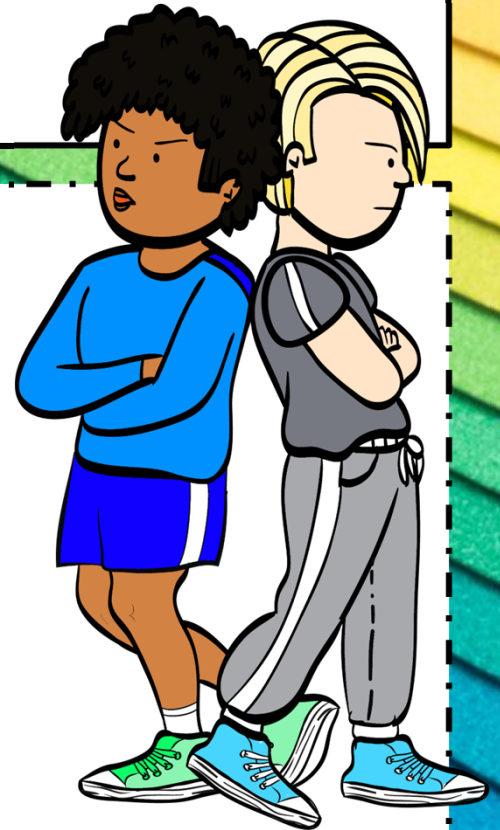
**You are in a group project  
but two of the students aren't  
doing any of the work.**



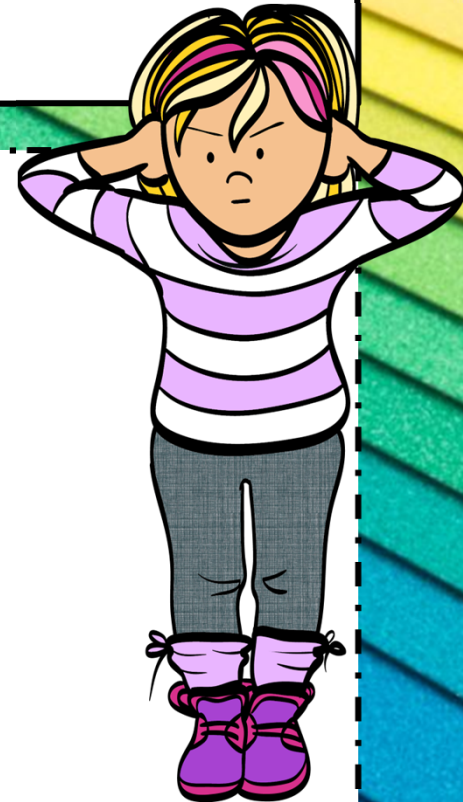
**During recess you notice a couple of students making fun of a younger student's braces.**



**The same student keeps  
sticking their tongue out at  
you.**



**You are trying to listen to the teacher but the students around you keep making noises. The teacher doesn't notice.**





**You are frustrated with the person you sit beside because they keep annoying you.**



**You found a wallet with a lot of money in it in the school parking lot.**



**A Student has been claiming a yoyo is his and you know it is the one you are missing.**



**You just got blamed for  
calling out in class but it  
wasn't you.**



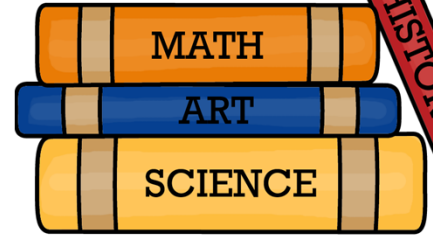
**You were given a detention  
for something you didn't  
do during recess.**



**A friend keeps teasing you  
about your new haircut.**



**You lost a book you  
borrowed from a friend.**



**Instead of studying for a test, you played with your friends. You failed the test. Your parents and your teacher are unhappy with you.**

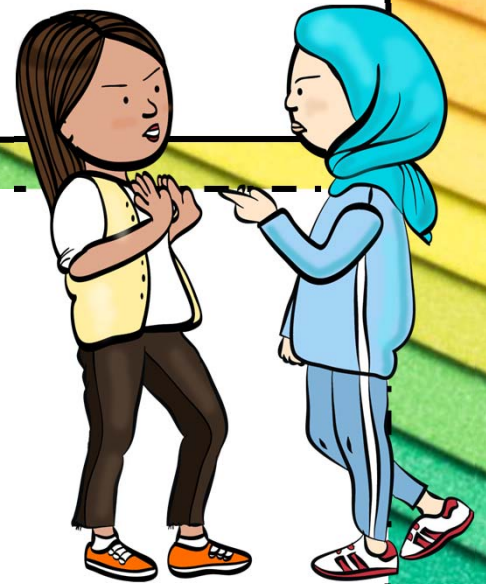




**You are allowed to bring  
one friend to the fair; you  
have 2 really good friends.**



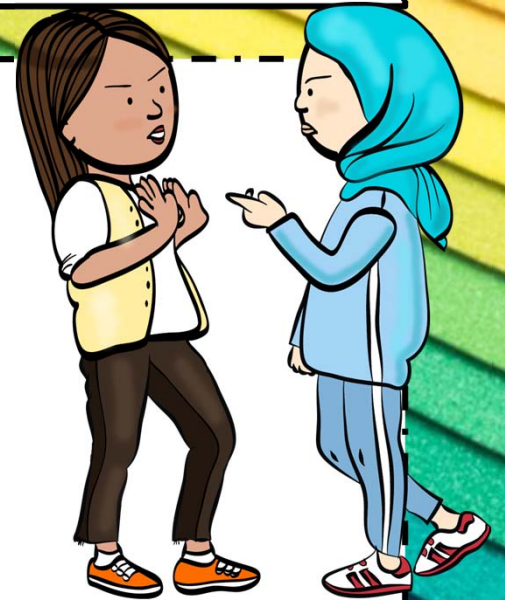
**A friend keeps tattling on  
you for even the smallest  
of things.**



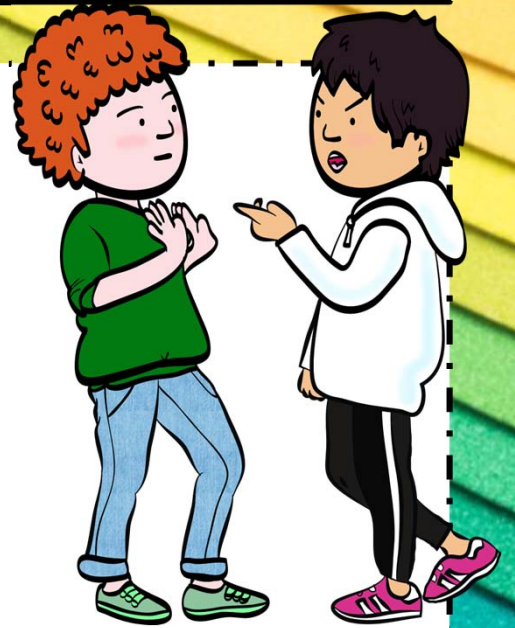
**A group of your friends keep skipping your turn in a game and you are getting annoyed.**



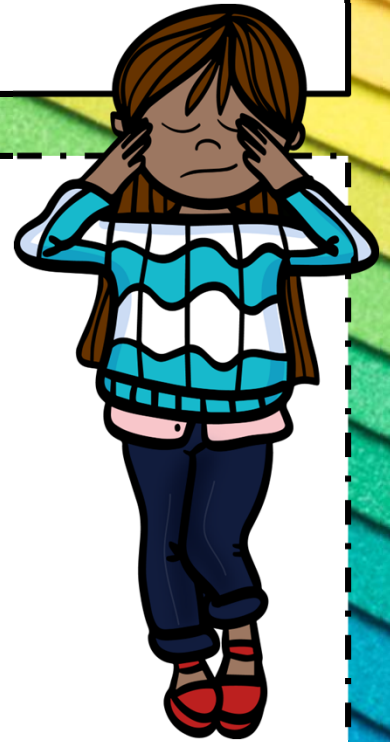
**Your friend talks and expects you to listen but never seems to listen to you.**



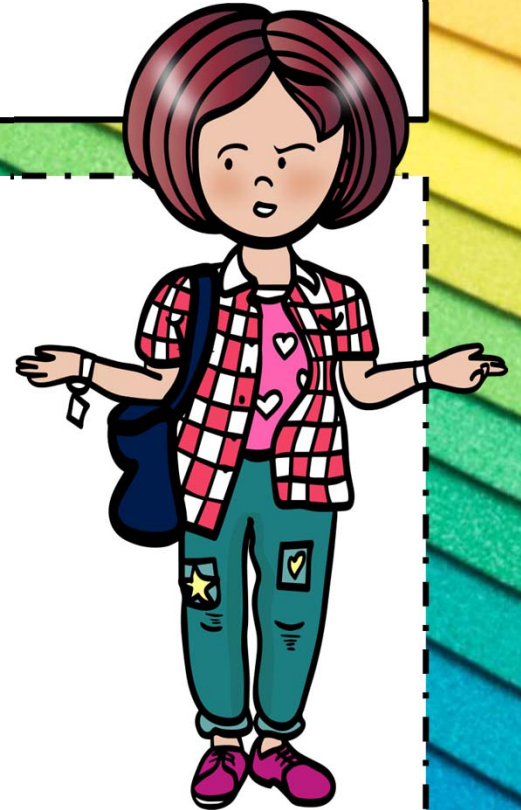
**Your brother refuses to  
Share with you.**



**Every time you line up to go to the gym, a student cuts in front of you and gives you a nasty look.**



**Your best friend won't talk to you because he/she thinks you did something you really didn't do.**



**A friend says they won't talk to you unless you stop being friends with somebody else.**





**You see somebody at recess  
that is becoming very angry  
and aggressive toward a  
much younger student.**



**Your teacher put you in a group to work on a project but you don't get along with 2 of the group members.**



**You notice that a student who has special needs is always being left out.**



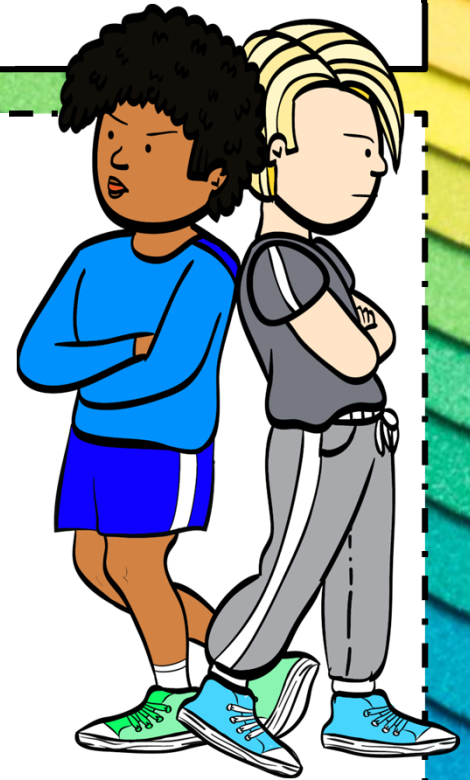
**Your friend lost the race and is very upset about it.**



**You and your friend both  
tried out for team captain,  
you got it and your friend is  
very jealous and not speaking  
to you.**



**You lied to a good friend. You regret it and now your friend no longer trusts you.**



**You copied from a friend's test and the teacher accused your friend of copying from you. Your friend won't speak to you.**



**You falsely accused  
somebody of something they  
didn't do. They are upset with  
you.**





One friend wants to go to the park, the other friend wants to go swimming. How can you help negotiate?

