

Name _____



Who, What, When, Where Why and How goals.

What is a good goal or goals for you?

Who will help you?

Why is this a good goal for you?

Where will you start Are there changes that you need to implement?

When will you begin working on the goal and when will you achieve it?

Who will help you?

Where will you start? Are there changes that you need to implement?

How will you reach your goal What is in place for any obstacles?

How will you reach your goal? What is in place for any obstacles you might encounter?